

# ***THE NUMBER 30***

We have decided to make 30 our symbolic M.A.L.Es number.

Why?

- ❖ It is the symbolic age when men often begin to ask mature questions of themselves, and leave the image of themselves as boys.
- ❖ It is the age when Jesus “made his statement” about life and death.

Practical Implications:

## **Monthly Day of Prayer**

On the 30<sup>th</sup> of each month, we will join in a conscious **prayer day** for other men and **solidarity day** with other men around the world.

*Wherever you are as you read this – mark your calendar for **June 30<sup>th</sup>** – our first intentional prayer day. However you choose to spend this day (even if it is a normal working day) – please make some time in the midst of it for silence and prayer (whatever form you might let it take). You might even schedule some time with other men in your area and share in prayer and reflection together.*

## **Monthly Day of Reflection**

On the 30<sup>th</sup> of each month, we will examine what we have done for our brothers, fathers, sons, and other men in the previous month, and maybe what we could do in the month ahead.

*This reflection could be done in the form of journaling, quiet reflection, or even group reflection (for work being done in geographic areas). In the next two months we hope to have a place on the website where M.A.L.Es shares its reflection and a place where you can share your reflections.*

## **30-30-30 Meetings**

We suggest that 30-30-30 might even be a good structure for starting a men’s group.

BACKGROUND – 30 minutes of sharing “where I am right now”

MID-GROUND – 30 minutes of sharing on the selected theme for the meeting

FOREGROUND – 30 minutes of what I need to do/change/improve in the month ahead

## Monthly Donations

**\$30 is an excellent amount for a regular (monthly, bi-monthly, or quarterly) pledge donation to continue the ministry of M.A.L.Es.**

While some might be able to give more and some less – we hope that most can realize the investment they are making (basically \$1 per day) by taking such an action.

Towards the end of summer, you will receive specific information on how you can start making a monthly pledge. Please begin praying about it now and if you are ready to send something now – the address is in the front of your newsletter.

**\* We know that you will have many ideas, too, on how to use/work with this symbolic number. Please send your ideas to:  
menswork@cacradicalgrace.org**